

EAST

860-572-7992

mysticmarket.com/east



MYSTIC MARKET

KITCHEN & EATERY

ESTABLISHED 1993

WEST

860-536-1500

mysticmarket.com/west

## SHORT NOTICE CATERING MENU

### BREAKFAST & LUNCH

*Continental Breakfast* ..... \$3.75 per person  
freshly baked muffins, scones, croissants, danishes and bagels with preserves, butter, and cream cheese

*Breakfast Bites (10 PERSON MINIMUM)*..... \$6.95 per person  
cheddar chive scrambled eggs, smoked bacon, oven-roasted red potatoes

*Coffee Service* ..... \$23.95  
12-cup regular or decaf coffee in disposable carafe with cups, creamers and sweeteners

*Tea Service* ..... \$18.95  
12-cup disposable carafe with hot water, regular and decaf teas with cups, creamers and sweeteners

*Light Lunch (6 PERSON MINIMUM)*..... \$7.95 per person  
choice of quiche, garden salad, bread & butter

*Italian Lunch (10 PERSON MINIMUM)*..... \$8.00 per person  
our baked penne served with caesar salad and garlic bread

*Triple "S" (6 PERSON MINIMUM)*..... \$9.00 per person  
triple "s" half market sandwich, half pint soup, garden salad

### GOURMET 10" QUICHE

SERVES 6-8 PEOPLE

*Tomato, Basil and Fresh Mozzarella* ..... \$22.00 each

*Broccoli, Onion and Cheddar* ..... \$22.00 each

*Smoked Bacon, Spanish Onion & Swiss*..... \$22.00 each

*Black Forest Ham, Red Pepper and Cheddar* ..... \$22.00 each

*Spinach, Mushroom and Mozzarella* ..... \$22.00 each

*Crab, Asparagus and Brie* ..... \$28.00 each

### GREEN SALADS\*

*Mystic Market Field Greens* ..... \$3.50 per person  
spicy walnuts, dried cranberry & gorgonzola salad

*Caesar Salad* ..... \$2.95 per person  
with garlic croutons and shredded parmesan

*Garden Greens* ..... \$1.95 per person  
with cucumber, tomato and carrot

*Chopped Chicken Club Salad* ..... \$3.50 per person  
greens, grilled chicken, crispy bacon, gorgonzola, hard-cooked egg

CHOICE OF DRESSINGS:

red wine vinaigrette, balsamic, classic caesar, honey lemon

*Add Grilled Chicken or Shrimp to any Salad*..... \$2.95 per person

\*minimum order of 10

### PLATTERS

*Charcuterie Platter* ..... 12" \$50.00 | 16" \$85.00  
roast turkey, roast beef, ham, genoa salami, provolone, cheddar and swiss, lettuce, tomato, onion and assorted sliced breads

*Mini Tortilla and Mini Baguette Platter* ..... \$5.95 per person  
cut cocktail size (3 per person) from a selection of our extensive sandwich menu

*Sandwich Platters* ..... \$7.95 per person  
assorted full size (1 per person) from our extensive sandwich menu, cut in half and plattered

*Market Box Lunch* ..... \$14.95 per person  
sandwiches or wraps chosen from the market's custom menu accompanied by pasta salad, fruit salad, mystic chips and a fresh baked jumbo cookie

### COMPOSED SALADS\*

*Spicy Broccoli Salad* ..... \$8.50/lb

*Greek Souvlaki Salad* ..... \$8.99/lb  
grilled chicken, summer vegetables, tzatziki yogurt dressing

*Moroccan Chickpea and Wild Rice Salad* ..... \$8.99/lb

*Orzo Salad with Lemon, Spinach and Feta*..... \$9.99/lb

*Tomato and Fresh Mozzarella Salad* ..... \$9.99/lb

*Spicy Sesame Noodles* ..... \$8.50/lb

*Loaded Baked Potato Salad with Cheddar and Bacon*..... \$7.99/lb

*Classic Greek Salad* ..... \$8.99/lb

*Apple Quinoa Salad* ..... \$9.99/lb

*Roasted Corn and Black Bean Salad* ..... \$6.99/lb

*Orecchiette, Ham, Pecans and Gorgonzola* ..... \$8.99/lb

*Sweet Corn & Edamame Succotash* ..... \$7.99/lb

*Market Coleslaw* ..... \$5.99/lb

*Seasonal Fruit Salad* ..... \$7.99/lb

\*3 lb minimum

### ENTREES FOR A CROWD

Medium (M) serves 8-12 people | Large (L) serves 18-24 people

*Beef Lasagna*..... M \$50 | L \$100

*Spinach and Mushroom Lasagna - v* ..... M \$50 | L \$100

*Breaded Eggplant Parmesan - v* ..... M \$40 | L \$75

*Angel Hair Bolognese* ..... M \$50 | L \$100

*Italian Baked Penne*..... M \$45 | L \$80  
mild italian sausage, pomodoro sauce, mozzarella and ricotta

*Baked Penne with Pink Vodka Sauce - v* ..... M \$35 | L \$60  
plum tomato, cream, fresh basil, mozzarella, parmesan

## ENTREES FOR A CROWD CONT.

*Classic Mac-n-Cheese - v* ..... M \$40 | L \$75  
cheddar, parmesan, buttered crumb *ADD LOBSTER \$MRKT*

*Whole Roasted Beef Tenderloin - gf* ..... M 4 lb (6-8 PEOPLE) \$MRKT  
..... L 8 lb (12-16 PEOPLE) \$MRKT  
roasted medium rare, sliced and plattered with horseradish sauce

*Herb-Roasted Turkey Breast - gf* ..... M 4 lb (6-8 PEOPLE) \$50  
..... L 8 lb (12-16 PEOPLE) \$100  
fully cooked and sliced with cranberry relish

*Salmon: Grilled, Poached or Roasted - gf*.... M 2 lb (4-6 PEOPLE) \$50  
..... L 4 lb (8-10 PEOPLE) \$95  
topped with vegetable parmesan, roasted tomato & arugula sauce or cucumber dill sauce

*Classic Chicken Marsala* (SERVES 10) ..... \$89  
rich mushroom marsala demi-glace, rice pilaf

*Chicken Parmesan* (SERVES 10) ..... \$89  
pomodoro sauce, fresh mozzarella over linguini

*Mystic Market Crab Cakes*..... \$57 /DOZEN (4 OZ EA.)  
chipotle aioli or classic remoulade sauce

## HORS D'OEUVRES PLATTERS

12" platter (10 people) | 16" platter (16 people)

### COLD

*Seasonal Sliced Fruits - v, gf* ..... 12" \$30 | 16" \$48  
freshly sliced melons, grapes, berries, kiwis and pineapples

*Artisan Cheese and Fruit - v* ..... 12" \$44 | 16" \$70  
assortment of artisanal cheeses, gourmet crackers and seasonal sliced fruits

*Vegetable Crudit  - v, gf* ..... 12" \$25 | 16" \$45  
seasonal vegetables, choice of hummus or spicy red curry dip

*The Mediterranean*..... 12" \$35 | 16" \$50  
grilled flatbreads, artichoke & jalape o dip, hummus, sun-dried tomato bruschetta, grilled vegetables, feta cheese, olives

*Neptune's Bounty* ..... 12"(1 dz EA.) \$58 | 16"(1 1/2 dz EA.) \$86  
shrimp cocktail, salmon canap s on pumpernickel, sesame ahi tuna & wasabi on wonton crisps

*Classic Cocktail Time Assortment* .....  
12"(1 dz EA.) \$45 | 16"(1 1/2 dz EA.) \$70  
goat cheese, olive and roast tomato mini tart, beef crostini with horseradish cream, parmesan and chive oil, pepper turkey-wrapped asparagus with garlic herb cream cheese

*Mystic Market Tortilla Chips* (SERVES 5) ..... \$18  
freshly made here, served with guacamole and pico de gallo

### HOT

*Happy Hour Assortment* ..... 12"(1 dz EA.) \$52 | 16"(1 1/2 dz EA.) \$78  
spicy chicken quesadilla with avocado dip, buffalo chicken wings with celery & blue cheese dip, bbq pulled pork sliders

*Round the World* ..... 12"(1 dz EA.) \$58 | 16"(1 1/2 dz EA.) \$86  
chicken sate with peanut sauce, grilled harissa & honey shrimp with lime cr me fra che, vegetable spring rolls with thai sweet chili sauce

*Signature Assortment* ..... 12"(1 dz EA.) \$72 | 16"(1 1/2 dz EA.) \$99  
honeycup scallops in bacon, crispy spanakopita, pecan & gorgonzola stuffed mushrooms

## HORS D'OEUVRES A LA CARTE\*

### HOT

*Honeycup Scallops Wrapped in Bacon* ..... \$24.00/dz

*Stuffed Mushrooms* ..... \$18.00/dz  
seafood, sausage or pecan & gorgonzola

*Mini Crab Cakes, Chipotle Aioli* ..... \$22.00/dz

*Spicy Chicken Quesadilla, Avocado Dip* ..... \$18.00/dz

*Chicken Sate, Spicy Peanut Sauce* ..... \$18.00/dz

*Chicken Wings: Buffalo or Thai Sweet Chili* ..... \$16.99/dz

*Vegetable Spring Rolls, Thai Dipping Sauce* ..... \$21.00/dz

*Pulled Pork Sliders on Mini Buttermilk Biscuits* ..... \$21.00/dz

*Harissa & Honey Grilled Jumbo Shrimp*..... \$28.00/dz  
lime cr me fra che

### COLD

*Smoked Atlantic Salmon Canap * ..... \$21.00/dz

*Chilled Jumbo Shrimp, Cocktail Sauce* ..... \$28.00/dz

*Seared Ahi Tuna on Wonton Crisp, Wasabi Drizzle*..... \$18.00/dz

*Sun-Dried Tomato and Fresh Mozzarella Bruschetta* ..... \$18.00/dz

*Bistro Beef Filet Crostini* ..... \$21.00/dz

*Cracked Pepper Turkey-Wrapped Asparagus* ..... \$21.00/dz

*Goat Cheese, Olive, and Roasted Tomato Mini Tart* ..... \$21.00/dz

\*minimum one dozen per item

## SIDES

*Risotto Cakes*..... \$2.50 each  
parmesan herb, saffron, or roasted tomato

*Tarragon & Brown Sugar Glazed Carrots*..... \$6.99/lb

*Savory Wild Rice Pilaf*..... \$6.99/lb

*New Orleans Beans & Rice* ..... \$6.99/lb

*Herb-Roasted Red Potatoes*..... \$5.99/lb

*Roasted Garlic Mashed Yukon Gold Potato Rosettes*..... \$2.50 each

*Roasted Butternut Squash*..... \$9.99/lb  
shallots, brown sugar, rosemary

*Grilled Asparagus*..... \$10.99/lb

*Tuscan Roasted Cauliflower*..... \$7.99/lb  
onions, basil and romano cheese

*Lemony Braised Kale with Saut ed Portobello*..... \$8.99/lb

*Green Beans Almondine* ..... \$8.99/lb