

SHORT NOTICE CATERING MENU

BREAKFAST

Continental Breakfast \$3.75 per person
freshly baked muffins, scones, croissants, danishes and bagels with preserves, butter, and cream cheese

Breakfast Burritos & Wraps \$5.95 per person
scrambled eggs with cheddar, chopped bacon and red potatoes in a toasted flour wrap; or chorizo, scrambled eggs, pico de gallo and red potatoes in a toasted flour wrap

Coffee Service \$23.95
12 cup regular or decaf coffee in disposable carafe with cups, creamers and sweeteners

Tea Service \$18.95
12 cup disposable carafe with hot water, regular and decaf teas with cups, creamers and sweeteners

GOURMET 10" QUICHE

SERVES 6-8 PEOPLE

Tomato, Basil and Fresh Mozzarella \$22.00 each

Broccoli, Onion and Cheddar \$22.00 each

Smoked Bacon, Spanish Onion & Swiss \$22.00 each

Black Forest Ham, Red Pepper and Cheddar \$22.00 each

Spinach, Mushroom and Mozzarella \$22.00 each

Crab, Asparagus and Brie \$28.00 each

GREEN SALADS*

Mystic Market Field Greens \$3.50 per person
spicy walnuts, dried cranberry & gorgonzola salad

Caesar Salad \$2.95 per person
with garlic croutons and shredded parmesan

Garden Greens \$1.95 per person
with cucumber, tomato and carrot

Turkey Cobb Salad \$3.50 per person
greens, diced turkey, cherry tomatoes, crispy bacon, gorgonzola, hard cooked egg

CHOICE OF DRESSINGS:

red wine vinaigrette, balsamic, classic caesar, honey lemon

Add Grilled Chicken or Shrimp to any Salad..... \$2.95 per person

*minimum order of 10

PLATTERS

Cookie & Bar Platter \$2.95 per person

Charcuterie Platter 12" \$50.00 | 16" \$85.00
roast turkey, roast beef, ham, genoa salami, provolone, cheddar and swiss, accompanied by lettuce, tomato, onion and assorted sliced breads

Mini Tortilla and Mini Baguette Platter \$5.95 per person
cut cocktail size (3 per person) from a selection of our extensive sandwich menu

Sandwich Platters \$7.95 per person
assorted full size (1 per person) from our extensive sandwich menu, cut in half and plattered

Market Box Lunch \$14.95 per person
sandwiches or wraps chosen from the market's custom menu accompanied by pasta salad, fruit salad, mystic chips and a fresh baked jumbo cookie

Italian Lunch (SERVES 10) \$7.95 per person
our baked penne served with caesar salad and garlic bread

Market Mezze Platter (SERVES 10) \$7.95 per person
choice of chicken or tuna salad; choice of lemon orzo or macaroni salad; choice of broccoli salad or cowboy caviar; parker house rolls

COMPOSED SALADS*

Spicy Broccoli Salad \$8.50/lb

Cowboy Caviar \$9.99/lb
black bean & corn salad with avocados

Apple Quinoa Salad \$9.99/lb

Orzo Salad with Lemon, Spinach and Feta..... \$9.99/lb

Tomato and Fresh Mozzarella Salad \$9.99/lb

Spicy Sesame Noodles \$8.50/lb

Sweet Potato & Roasted Poblano Salad..... \$8.50/lb

Classic Greek Salad \$8.99/lb

Classic Tabbouleh \$6.99/lb

All American Pasta Salad \$6.99/lb

Roasted Eggplant Salad with Tomatoes & Arugula \$7.99/lb

Penne Pesto Salad with Roasted Vegetables & Parmesan \$6.99/lb

Market Coleslaw \$5.99/lb

Seasonal Fruit Salad \$7.99/lb

Westside Classic Potato Salad \$6.99/lb

Red Beet Salad with Gorgonzola, Pistachios, & Scallions \$8.99/lb

Kale Mango Salad with Edamame & Quinoa \$8.99/lb

*3lb. minimum

ENTREES FOR A CROWD

Medium - M - serves 8-12 people | Large - L - serves 18-24 people

<i>Beef Lasagna</i>	M \$50		L \$100
<i>Spinach and Mushroom Lasagna - v</i>	M \$50		L \$100
<i>Breaded Eggplant Parmesan - v</i>	M \$40		L \$75
<i>GLUTEN FREE AVAILABLE</i>	M \$45		L \$90
<i>Rigatoni & Meatballs with Pomodoro</i>	M \$35		L \$90
<i>Baked Penne à la Saybrook</i>	M \$45		L \$85
with pink vodka sauce, grilled chicken, ricotta and spinach			
<i>Baked Penne Pomodoro - v</i>	M \$35		L \$65
with plum tomatoes & fresh basil, mozzarella & parmesan			
<i>Classic Mac-n-Cheese - v</i>	M \$40		L \$75
cheddar, parmesan, buttered crumb <i>ADD LOBSTER \$MRKT</i>			
<i>Whole Roasted Beef Tenderloin - gf</i>	M 4LB (6-8 PEOPLE) \$MRKT		
.....	L 8 LB (12-16 PEOPLE) \$MRKT		
roast medium rare, sliced and plattered with horseradish sauce			
<i>Herb Roasted Turkey Breast - gf</i>	M 4LB (6-8 PEOPLE) \$50		
.....	L 8 LB (12-16 PEOPLE) \$100		
fully cooked and sliced with cranberry relish			
<i>Salmon: Grilled, Poached or Roasted - gf</i>	M 2LB (4-6 PEOPLE) \$50		
.....	L 4 LB (8-10 PEOPLE) \$95		
topped with vegetable parmesan, roasted tomato and arugula, or cucumber dill sauce			
<i>Classic Chicken Marsala (SERVES 10)</i>	\$8.95 PER PERSON		
rich mushroom marsala demi-glace, rice pilaf			
<i>Chicken Parmesan (SERVES 10)</i>	\$8.95 PER PERSON		
tomodoro sauce, fresh mozzarella over linguini			
<i>Mystic Market Crab Cakes</i>	\$57 /DOZEN (4 OZ. EACH)		
chipotle aioli or classic remoulade sauce			

HORS D' OEUVRES PLATTERS

12" platter (10 people) | 16" platter (16 people)

COLD

<i>Seasonal Sliced Fruits - v, gf</i>	12" \$30		16" \$48
freshly sliced melons, grapes, berries, kiwis and pineapples			
<i>Artisan Cheese and Fruit - v</i>	12" \$44		16" \$70
assortment of artisanal cheeses, gourmet crackers and seasonal sliced fruits			
<i>Vegetable Crudit� - v, gf</i>	12" \$27		16" \$49
seasonal vegetables, choice of hummus or spicy red curry dip			
<i>The Mediterranean</i>	12" \$35		16" \$50
grilled flatbreads, artichoke & jalapeno dip, hummus, sundried tomato bruschetta, grilled vegetables, feta cheese, olives			
<i>Neptune's Bounty</i>	12" (1 DOZ. EACH) \$58		16" (1 1/2 DOZ. EACH) \$86
shrimp cocktail, salmon canap�s on pumpernickel, sesame ahi tuna & wasabi on wonton crisps			
<i>Classic Cocktail Time Assortment</i>			
12" (1 DOZ. EACH) \$45 16" (1 1/2 DOZ. EACH) \$70			
goat cheese, olive and roast tomato mini tart, beef crostini with horseradish cream, parmesan and chive oil, pepper turkey-wrapped asparagus with garlic herb cream cheese			
<i>Mystic Market Tortilla Chips</i>	\$18.00		
freshly made here, served with guacamole and pico de gallo - serves 5			

HOT

<i>Happy Hour Assortment</i> ..	12" (1 DOZ. EA.) \$52		16" (1 1/2 DOZ. EA.) \$78
spicy chicken quesadilla with avocado dip, buffalo chicken wings with celery & blue cheese dip, bbq pulled pork sliders			
<i>Round the World</i>	12" (1 DOZ. EA.) \$58		16" (1 1/2 DOZ. EA.) \$86
chicken sate with peanut sauce, grilled harissa & honey shrimp with lime cr�me fraiche, vegetable spring rolls with thai sweet chili sauce			
<i>Signature Assortment</i>	12" (1 DOZ. EA.) \$72		16" (1 1/2 DOZ. EA.) \$99
honeycup scallops in bacon, crispy spanakopita, pecan & gorgonzola stuffed mushrooms			

HORS D' OEUVRES A LA CARTE*

HOT

<i>Honeycup Scallops Wrapped in Bacon</i>	\$24.00/dz
<i>Stuffed Mushrooms: seafood, sausage or pecan & gorgonzola</i> ..	\$18.00/dz
<i>Mini Crab Cakes, Chipotle Aioli</i>	\$22.00/dz
<i>Spicy Chicken Quesadilla, Avocado Dip</i>	\$18.00/dz
<i>Chicken Sate, Spicy Peanut Sauce</i>	\$18.00/dz
<i>Chicken Wings: buffalo or thai sweet chili</i>	\$16.99/dz
<i>Vegetable Spring Rolls, thai dipping sauce</i>	\$21.00/dz
<i>Pulled Pork Sliders on mini buttermilk biscuits</i>	\$21.00/dz
<i>Harissa & Honey Grilled Jumbo Shrimp lime cr�me fraiche</i>	\$28.00/dz

COLD

<i>Smoked Atlantic Salmon Canap�</i>	\$21.00/dz
<i>Chilled Jumbo Shrimp, cocktail sauce</i>	\$28.00/dz
<i>Seared Ahi Tuna on wonton crisp, wasabi drizzle</i>	\$18.00/dz
<i>Sundried Tomato and Fresh Mozzarella Bruschetta</i>	\$18.00/dz
<i>Bistro Beef Filet Crostini</i>	\$21.00/dz
<i>Cracked Pepper Turkey-Wrapped Asparagus</i>	\$21.00/dz
<i>Goat Cheese, Olive, and Roasted Tomato Mini Tart</i>	\$21.00/dz
*minimum one dozen per item	

SIDES

<i>Tarragon & Brown Sugar Glazed Carrots</i>	\$6.99/lb
<i>Savory Wild Rice Pilaf</i>	\$6.99/lb
<i>Spanish Black Beans & Rice</i>	\$6.99/lb
<i>Herb Roasted Red Potatoes</i>	\$5.99/lb
<i>Signature Creamy Mashed Potatoes</i>	\$6.99/lb
<i>Roasted Butternut Squash</i>	\$9.99/lb
shallots, brown sugar, rosemary	
<i>Grilled Asparagus</i>	\$10.99/lb
<i>Roasted Brussels Sprouts</i>	\$10.99/lb
<i>Grilled Seasonal Vegetables</i>	\$8.99/lb
<i>Smashed Sweet Potatoes</i>	\$8.99/lb
with spicy walnuts	
<i>Green Beans Almondine</i>	\$8.99/lb