

## SHORT NOTICE CATERING MENU

### BREAKFAST

*Continental Breakfast* ..... \$3.75 per person  
freshly baked muffins, scones, croissants, danishes and bagels with preserves, butter, and cream cheese

*Breakfast Burritos & Wraps* ..... \$5.95 per person  
scrambled eggs with cheddar, chopped bacon and red potatoes in a toasted flour wrap; or chorizo, scrambled eggs, pico de gallo and red potatoes in a toasted flour wrap

*Coffee Service* ..... \$23.95  
12 cup regular or decaf coffee in disposable carafe with cups, creamers and sweeteners

*Tea Service* ..... \$18.95  
12 cup disposable carafe with hot water, regular and decaf teas with cups, creamers and sweeteners

### GOURMET 10" QUICHE

SERVES 6-8 PEOPLE

*Tomato, Basil and Fresh Mozzarella* ..... \$22.00 each  
*Broccoli, Onion and Cheddar* ..... \$22.00 each  
*Smoked Bacon, Spanish Onion & Swiss* ..... \$22.00 each  
*Black Forest Ham, Red Pepper and Cheddar* ..... \$22.00 each  
*Spinach, Mushroom and Mozzarella* ..... \$22.00 each  
*Crab, Asparagus and Brie* ..... \$28.00 each

### GREEN SALADS\*

*Mystic Market Field Greens* ..... \$3.50 per person  
spicy walnuts, dried cranberry & gorgonzola salad

*Caesar Salad* ..... \$2.95 per person  
with garlic croutons and shredded parmesan

*Garden Greens* ..... \$1.95 per person  
with cucumber, tomato and carrot

*Turkey Cobb Salad* ..... \$3.50 per person  
greens, diced turkey, cherry tomatoes, crispy bacon, gorgonzola, hard cooked egg

#### CHOICE OF DRESSINGS:

red wine vinaigrette, balsamic, classic caesar, honey lemon

Add Grilled Chicken or Shrimp to any Salad..... \$2.95 per person

\*minimum order of 10

### PLATTERS

*Cookie & Bar Platter* ..... \$2.95 per person

*Charcuterie Platter* ..... 12" \$50.00 | 16" \$85.00  
roast turkey, roast beef, ham, genoa salami, provolone, cheddar and swiss, accompanied by lettuce, tomato, onion and assorted sliced breads

*Mini Tortilla and Mini Baguette Platter* ..... \$5.95 per person  
cut cocktail size (3 per person) from a selection of our extensive sandwich menu

*Sandwich Platters* ..... \$7.95 per person  
assorted full size (1 per person) from our extensive sandwich menu, cut in half and plattered

*Market Box Lunch* ..... \$14.95 per person  
sandwiches or wraps chosen from the market's custom menu accompanied by pasta salad, fruit salad, mystic chips and a fresh baked jumbo cookie

*Italian Lunch (SERVES 10)* ..... \$7.95 per person  
our baked penne served with caesar salad and garlic bread

*Market Mezze Platter (SERVES 10)* ..... \$7.95 per person  
choice of chicken or tuna salad; choice of lemon orzo or macaroni salad; choice of broccoli salad or cowboy caviar; parker house rolls

### COMPOSED SALADS\*

*Spicy Broccoli Salad* ..... \$8.50/lb

*Cowboy Caviar* ..... \$9.99/lb  
black bean & corn salad with avocados

*Apple Quinoa Salad* ..... \$9.99/lb

*Orzo Salad with Lemon, Spinach and Feta* ..... \$9.99/lb

*Tomato and Fresh Mozzarella Salad* ..... \$9.99/lb

*Spicy Sesame Noodles* ..... \$8.50/lb

*Sweet Potato & Roasted Poblano Salad* ..... \$8.50/lb

*Classic Greek Salad* ..... \$8.99/lb

*Classic Tabbouleh* ..... \$6.99/lb

*All American Pasta Salad* ..... \$6.99/lb

*Roasted Eggplant Salad with Tomatoes & Arugula* ..... \$7.99/lb

*Penne Pesto Salad with Roasted Vegetables & Parmesan* ..... \$6.99/lb

*Market Coleslaw* ..... \$5.99/lb

*Seasonal Fruit Salad* ..... \$7.99/lb

*Westside Classic Potato Salad* ..... \$6.99/lb

*Red Beet Salad with Gorgonzola, Pistachios, & Scallions* ..... \$8.99/lb

*Kale Mango Salad with Edamame & Quinoa* ..... \$8.99/lb

\*3lb. minimum

## ENTREES FOR A CROWD

Medium - M - serves 8-12 people | Large - L - serves 18-24 people

<i>Beef Lasagna</i> .....	M \$50		L \$100
<i>Spinach and Mushroom Lasagna - v</i> .....	M \$50		L \$100
<i>Breaded Eggplant Parmesan - v</i> .....	M \$40		L \$75
<i>GLUTEN FREE AVAILABLE</i> .....	M \$45		L \$90
<i>Rigatoni &amp; Meatballs with Pomodoro</i> .....	M \$35		L \$90
<i>Baked Penne à la Saybrook</i> .....	M \$45		L \$85
with pink vodka sauce, grilled chicken, ricotta and spinach			
<i>Baked Penne Pomodoro - v</i> .....	M \$35		L \$65
with plum tomatoes & fresh basil, mozzarella & parmesan			
<i>Classic Mac-n-Cheese - v</i> .....	M \$40		L \$75
cheddar, parmesan, buttered crumb <i>ADD LOBSTER \$MRKT</i>			
<i>Whole Roasted Beef Tenderloin - gf</i> .....	M 4LB (6-8 PEOPLE) \$MRKT		
.....	L 8 LB (12-16 PEOPLE) \$MRKT		
roast medium rare, sliced and plattered with horseradish sauce			
<i>Herb Roasted Turkey Breast - gf</i> .....	M 4LB (6-8 PEOPLE) \$50		
.....	L 8 LB (12-16 PEOPLE) \$100		
fully cooked and sliced with cranberry relish			
<i>Salmon: Grilled, Poached or Roasted - gf</i> .....	M 2LB (4-6 PEOPLE) \$50		
.....	L 4 LB (8-10 PEOPLE) \$95		
topped with vegetable parmesan, roasted tomato and arugula, or cucumber dill sauce			
<i>Classic Chicken Marsala (SERVES 10)</i> .....	\$8.95 PER PERSON		
rich mushroom marsala demi-glace, rice pilaf			
<i>Chicken Parmesan (SERVES 10)</i> .....	\$8.95 PER PERSON		
pomodoro sauce, fresh mozzarella over linguini			
<i>Mystic Market Crab Cakes</i> .....	\$.57 /DOZEN (4 OZ. EACH)		
chipotle aioli or classic remoulade sauce			

## HORS D' OEUVRES PLATTERS

12" platter (10 people) | 16" platter (16 people)

### COLD

<i>Seasonal Sliced Fruits - v, gf</i> .....	12" \$30		16" \$48
freshly sliced melons, grapes, berries, kiwis and pineapples			
<i>Artisan Cheese and Fruit - v</i> .....	12" \$44		16" \$70
assortment of artisanal cheeses, gourmet crackers and seasonal sliced fruits			
<i>Vegetable Crudit� - v, gf</i> .....	12" \$27		16" \$49
seasonal vegetables, choice of hummus or spicy red curry dip			
<i>The Mediterranean</i> .....	12" \$35		16" \$50
grilled flatbreads, artichoke & jalapeno dip, hummus, sundried tomato bruschetta, grilled vegetables, feta cheese, olives			
<i>Neptune's Bounty</i> .....	12" (1 DOZ. EACH) \$58		16" (1 1/2 DOZ. EACH) \$86
shrimp cocktail, salmon canap�s on pumpernickel, sesame ahi tuna & wasabi on wonton crisps			
<i>Classic Cocktail Time Assortment</i> .....			
.....	12" (1 DOZ. EACH) \$45		16" (1 1/2 DOZ. EACH) \$70
goat cheese, olive and roast tomato mini tart, beef crostini with horseradish cream, parmesan and chive oil, pepper turkey-wrapped asparagus with garlic herb cream cheese			
<i>Mystic Market Tortilla Chips</i> .....	\$18.00		
freshly made here, served with guacamole and pico de gallo - serves 5			

### HOT

<i>Happy Hour Assortment</i> ..	12" (1 DOZ. EA.) \$52		16" (1 1/2 DOZ. EA.) \$78
spicy chicken quesadilla with avocado dip, buffalo chicken wings with celery & blue cheese dip, bbq pulled pork sliders			
<i>Round the World</i> .....	12" (1 DOZ. EA.) \$58		16" (1 1/2 DOZ. EA.) \$86
chicken sate with peanut sauce, grilled harissa & honey shrimp with lime cr�me fraiche, vegetable spring rolls with thai sweet chili sauce			
<i>Signature Assortment</i> .....	12" (1 DOZ. EA.) \$72		16" (1 1/2 DOZ. EA.) \$99
honeycup scallops in bacon, crispy spanakopita, pecan & gorgonzola stuffed mushrooms			

## HORS D' OEUVRES A LA CARTE\*

### HOT

<i>Honeycup Scallops Wrapped in Bacon</i> .....	\$24.00/dz
<i>Stuffed Mushrooms: seafood, sausage or pecan &amp; gorgonzola</i> ..	\$18.00/dz
<i>Mini Crab Cakes, Chipotle Aioli</i> .....	\$22.00/dz
<i>Spicy Chicken Quesadilla, Avocado Dip</i> .....	\$18.00/dz
<i>Chicken Sate, Spicy Peanut Sauce</i> .....	\$18.00/dz
<i>Chicken Wings: buffalo or thai sweet chili</i> .....	\$16.99/dz
<i>Vegetable Spring Rolls, thai dipping sauce</i> .....	\$21.00/dz
<i>Pulled Pork Sliders on mini buttermilk biscuits</i> .....	\$21.00/dz
<i>Harissa &amp; Honey Grilled Jumbo Shrimp lime cr�me fraiche</i> ....	\$28.00/dz

### COLD

<i>Smoked Atlantic Salmon Canap�</i> .....	\$21.00/dz
<i>Chilled Jumbo Shrimp, cocktail sauce</i> .....	\$28.00/dz
<i>Seared Ahi Tuna on wonton crisp, wasabi drizzle</i> .....	\$18.00/dz
<i>Sundried Tomato and Fresh Mozzarella Bruschetta</i> .....	\$18.00/dz
<i>Bistro Beef Filet Crostini</i> .....	\$21.00/dz
<i>Cracked Pepper Turkey-Wrapped Asparagus</i> .....	\$21.00/dz
<i>Goat Cheese, Olive, and Roasted Tomato Mini Tart</i> .....	\$21.00/dz
*minimum one dozen per item	

## SIDES

<i>Tarragon &amp; Brown Sugar Glazed Carrots</i> .....	\$6.99/lb
<i>Savory Wild Rice Pilaf</i> .....	\$6.99/lb
<i>Spanish Black Beans &amp; Rice</i> .....	\$6.99/lb
<i>Herb Roasted Red Potatoes</i> .....	\$5.99/lb
<i>Signature Creamy Mashed Potatoes</i> .....	\$6.99/lb
<i>Roasted Butternut Squash</i> .....	\$9.99/lb
shallots, brown sugar, rosemary	
<i>Grilled Asparagus</i> .....	\$10.99/lb
<i>Roasted Brussels Sprouts</i> .....	\$10.99/lb
<i>Grilled Seasonal Vegetables</i> .....	\$8.99/lb
<i>Smashed Sweet Potatoes</i> .....	\$8.99/lb
with spicy walnuts	
<i>Green Beans Almondine</i> .....	\$8.99/lb